

Oraukawa Lodge Ahuahu Road Oakura Taranaki

August 15 – 17 2008

Thanks to The Creative Pause Trust for their support



ORAUKAWA LODGE



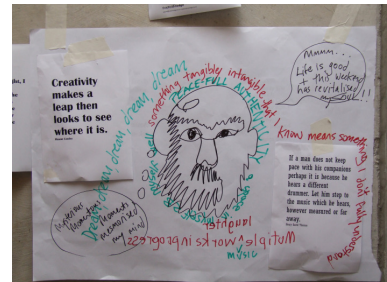
AHUAHU VILLAS

"A life changing experience... The retreat showed me how to kick start my creativity! The retreat gave a wonderful opportunity for expanding horizons, breaking down barriers and pushing the creative comfort zone in a supportive environment."

"For me, this is what I've taken from the retreat - lovely friendships., inspiration, joy, freedom, energy, a new way of looking at life, a fresh sense of fun and mischief."



THE CREATIVITY POSTER WALK



THE 7 LINE SELF PORTRAIT



GETTING STARTED



JO AT WORK



STU DESIGNING A LABYRINTH



ALEX AND YVONNE

"From a percussion point of view... The exploration has begun! Coffee tins, bits of pipe, broom sticks, cooking utensils, 1/2 a glass of water etc have all become percussion instruments... Everyday items go from mundane to exciting when you ask yourself "I wonder what that sounds like if I give it a bash?"



THE RHYTHM SECTION

"Thank you for a great weekend. I really enjoyed the whole experience.... Fantastic venue/ environment – really relaxing, with a wide range of natural areas/ media to use and enthuse."



ANTONA EXPLORING PAINT



DARREN AT REST



BEACH PERCUSSION

"Thank you so much for the incredible weekend – I really enjoyed it."



VOICES IN THE HALLWAY

"Your facilitation; It was 'just right' for me. I enjoyed the quotes, background theory, your insight and personal passion that set the scene and kept pulling us back to the purpose through out the weekend. I enjoyed the varied activities that made you think – e.g. draw using only 7 lines... and found the 'visualization' exercises you talked us through very useful for me. I liked the balance with freedom to choose and no requirements to perform or share if you didn't want to (we're perverse beings. – when you don't have to you usually do!)"



NOLA AT WORK



VIRGINIA PLAYING



KAY'S CREATION



JILL AT WORK



THE DRUMMER BOYS - MARK AND TONY



JO'S PERFORMANCE



YVONNE'S PRIDE AND JOY

"The wellbeing factor was well catered for; delicious food!, wonderful to be part of the musical evening and enough time to unwind and get into things."



JILL AND HER FEATHERS

In the random beauty of the beach I discovered that even seeming chaos has elements of structure that I found engaging. I had FUN but also time for reflection and time to be creative and time to be still. One word that sums up my experience would be, 'energising'.



THE COLLABORATIVE POETRY READING



NOLA'S SHOW AND TELL

GATHERED AROUND THE LAP TOP



"Had a walk on the beach yesterday where I would usually avoid the stretch of pebbles. I walked straight over them and enjoyed the "music" they made, making up songs as I went. I walked on the road with the dog , where the clonking started a rhythm unable to resist my hands joining in."



KAY'S IMAGES

"I found the retreat fun and relaxing and I feel that myself imposed pressure to be creative has gone. I am continuing to feel calm , relaxed and more efficient in all aspects of my life. I have a real feeling of well-being that I haven't had for a while"





BEACH ASSEMBLAGE



THE WRITERS



AND MORE WRITERS



EXPRESSIONS IN PAINT

" Wayne did a great job of creating a supportive space for the creative process and then did a great job of not getting in the way of it! I had great fun playing with my creativity and the creativity of others. Everyone should do this!"



THE MUSIC EVENING WITH GUESTS

"I think it was a combination of your hands-off approach combined with creative advice or ideas offered when requested, the stimulation of interacting with specific individuals in the group, and the creative atmosphere generated by the group as a whole that caused the magic to happen. The bubbling, buzzing feeling of being part of a group of people all listening to their creative sides at once has to be experienced to be believed!"



NOLA AND DARREN'S FINALE



**THANKS DAVID AND NUALA FOR YOUR LODGE
THANKS CREATIVE PAUSE
TRUST FOR YOUR SUPPORT**