

the creative edge

creativity retreat

**Seeking to put some creativity into your life?
Seeking to put some life into your creativity?**



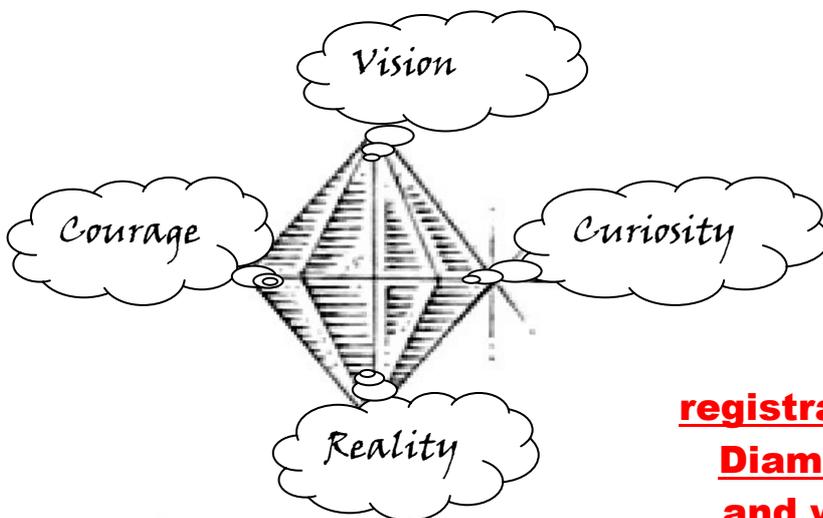
"If you deliberately plan on being less than you are capable of then I warn you that you'll be unhappy for the rest of your life."
Abraham Maslow

- The creativity retreat will:**
- provide the foundation for increased creative confidence
 - enhance your ability to further develop and sustain your creative output
 - enable you to become more relaxed and comfortable with your creative identity

"To create something you have to be removed from the world. In order to have liberty to imagine something better you need to step outside for a while."

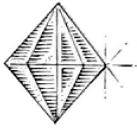
Bruce Mau Designer

This is your opportunity to 'step outside for a while'.



- Facilitated by:**
Wayne Morris
- Business Facilitator
 - Creativity Coach
 - Percussionist
 - Artist

FREE with each registration - the Creativity Diamond assessment tool and workbook \$65 value!!



Why the Creative Edge Retreat?

Many of us wish to be more creative. Many of us sense that we are more creative, but we find ourselves challenged to effectively tap that creativity.

Whether you are an aspiring writer, business person, teacher, scientist, artist or someone who is curious about the creative process and seeking to further unlock your creativity, this retreat can help you discover and nurture your particular way of expression and break through blocks that may inhibit your creativity.

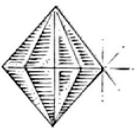
We are all born creative, curious and imaginative but these qualities sometimes fade with the passage of time. This creativity retreat is to help people get their imaginations back.

- Find your particular way of expression and break through the barriers associated with creation.
- Learn how to catch moments of inspiration and develop them; remove creative blocks and nurture your individual creativity.
- Expand your perception, find innovative ways of solving problems, and look at your life and work as exciting and transformative.

Who should attend?

Anyone with an interest in putting some creativity into their lives or in putting some life into their creativity - people from all walks of life who want to be more creative.

Participant numbers will be limited to 15.



What past participants say:

"The Retreat gave me a chance to refocus on what creativity is and more paths to get there. The 'team' shared - but did not invade private spaces. We all had different focuses and interests yet the same goals."

"Space to reflect, connect, play in the 'I can't' or haven't before. Move out of comfortable known places into creative, dynamic diamonds."

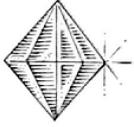
"I now know my creative impulse is valid thanks to conversations, humour, support from all at the retreat, particularly Wayne as guide / facilitator. Self belief gives creativity one heck of a boost."

"Really good creative and interactive sessions in a safe environment. New relationships, heightened perception and lots of laughs made it a great retreat."

"Stretching. Encouraging. Great food. Great company."

"The days of the retreat gave me the time to unlock my personal box to look outside the square into the endless possibilities of creative expression. It was a fizzing, bubbling time of creative action prompted by Wayne's enabling guidance."





The Programme:

The retreat concentrates the experiential activities in the following areas:

1. Getting over the fear of creativity

Exercises that help participants get beyond 'blocks' – working against self-censorship in the initial stages so that constructive critical skills can be developed that help rather than hinder the creative process.

2. Collaboration

Working in pairs and small groups participants learn self confidence and respectful listening – skills vital in collaborative creativity.

3. Map-making

The retreat teaches how to make maps of the creative process and individual journeys – past and present

4. Storytelling

Be it visual or literary, storytelling is critical to conveying ideas. Various techniques will be explored including the childhood game of 'show and tell'.

5. Expanding and changing perceptions

Through the use of exercises that aim to alter perception [through cameras, cut out shapes, telescopes, microscopes] and emotionally [through fairy tales, writing or interviewing] participants are encouraged to see and experience differently.

6. Using the environment

Participants are encouraged to use their surroundings as sources of inspiration be that the local cafe, library, the built environment, bush, river or sea.

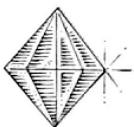
7. Music from found materials

Self explanatory! Yeah right!

8. Time for self

This is time for you out of your busy life.

The above overview of the programme is a guide only and may change depending on environment and participant need.



What you need to

know:

- Each day starts at 9am and finishes at 6pm.
- Accommodation is your responsibility. We would encourage you to stay overnight if you can!!!
- Lunches and snacks will be provided.
- Payment is expected 2 weeks before start date.

What to bring:

- a large sketch book
- black drawing pencils
- scissors
- glue stick
- coloured pencils
- pen
- a small object precious to you
- a blank page notebook
- old magazines
- an open mind
- casual clothes
- eraser
- digital camera – laptop and projector provided
- a warm rug / sleeping bag
- any musical instrument
- any art / creative material that you fancy!!

Contact details and more information:

Contact Wayne:

Ph: 06 753 5914

Mob: 027 242 1580

Email: wayne@future-edge.co.nz





Wayne Morris

Facilitator:

- artist and percussionist
- taught creative arts at all levels of NZ education sector
- visual art exhibitions since 1981
- established Primary Arts magazine for creative teachers
- qualifications in teaching, education and training, counselling, arts education, and organisational learning and development
- drummer / percussionist for a variety of bands including Gumboot Tango
- training and experience in transpersonal psychology, NLP and hypnotherapy
- business owner
- life, business and creativity coach
- art works in private collections in New Zealand, Australia, the UK and the United States
- guest speaker / facilitator international creativity conference
- passionate about all forms of creativity



Registration:

Contact Details:

Name:

Address:

Phone:

Email:

Special dietary requirements:

Payment Options:

[due 2 weeks before retreat start date]

I wish to make a payment of \$NZ _____ to secure ___ places for the **Creative Edge Retreat**.

- a. I enclose my cheque payable to Future Edge Ltd.
- b. Please invoice me
- c. I would like to be contacted regarding other payment options.

Please send this registration form and payment option to:

**Creative Edge
Retreat
Future Edge Ltd
693 Carrington Road
New Plymouth**

“The creative process is not a product of inspiration, rather it is a product of what we might call “a creative state of being”. Yes, there are moments of inspiration. But those moments can be as much a distraction as a help. What really counts is the habit of creating on days you don't feel like it, creating when the circumstances are not quite right, creating no matter what else is going on in your life. The creative process takes practice. It is not something one tries on from time to time, but rather, it is a way of life. Creating begets more creating. And it doesn't matter what the subject matter of the creative process is, be it a dance, a dramatic performance, or a life.”
Robert Fritz *Your Life as Art*